



Tree Love Heart of the Forest

Conversations with Sentient Trees
About Life, Our Spiritual Destiny and
How We Can Co-Create a Thriving Planet

Meet a Few of My Friends: An Introduction

ELISA NOVICK, DSS

**THIS IS A PIVOTAL TIME IN HISTORY WHEN SHIFTING OUR WORLD FROM A
COURSE OF DESTRUCTION TO ONE THAT IS WHOLESOME AND LOVING IS ESSENTIAL.
TOGETHER WE CAN CO-CREATE A THRIVING PLANET.**

In 2002 I walked down a mossy path in the forest and was greeted by a majestic oak tree that changed my life forever as well as the lives of people who have attended Tree Love workshops around the world. A few special trees in that original forest responded by initiating a project to save and renew life on Earth. Since that time, over 35 million trees have chosen to participate as well as many humans and non-human sentient beings on Earth and in the spiritual realms. I hope you and your special tree friends will choose to become part of this great project too!

I have over 20 years of diary and discussions with Trees, their friends, and Spirit (referred to as the Inner Master), that are being formed into a series of Tree Love books. In this small book, containing some of my introductory chapters and excerpts from my talks with the Inner Master, a few of my beloved tree friends as well as a boulder dear to me and the whales and dolphins, is a glimpse into a multidimensional loving sentient universe.



Rev. Dr. Elisa Novick, D.S.S., founder of the Institute for a Thriving Planet, is a healer, counselor, Lightworker, and minister who has facilitated trainings in personal growth, spiritual awareness, and holistic health since 1982. She has traveled the globe on the Thriving Planet World Tour offering Thriving Planet and Tree Love workshops.

Elisa is passionate about preserving and replanting our forests so we all might thrive.

For information about any of the Thriving Planet offerings, including counseling sessions, tree sessions or participating in or co-creating the Thriving Planet workshops, contact Elisa.

Trees can be loving, sentient, intelligent partners to humans The trees can save the world, they want to and they've already begun

How do I write a story that is as simple as my heart, as important as the life of a planet, as large in scope as the cosmos, and as majestic as the evolution of all worlds?

Walking along a mossy forest path, I was met by a wave of love beyond anything I'd ever experienced. It was emanating from a magnificent and noble oak tree and the love was for me. Spontaneously, I burst into tears — of joy, of relief, of being met. That was the beginning of an ongoing journey that has taken me around the world. I have now spent 22 years communicating, healing, and joining in service with loving, intelligent, gorgeous trees in about 90 locations in 18 countries. This is my personal story but it is also the story of a sentient universe. If my heart's desire is fulfilled it can be a story of how we all come together to create a new thriving planet entering into its next stage of evolutionary progression.



Tree Love workshop, Shinjuku Gyoen, Tokyo, Japan

If you are reading this book, you probably have some affinity for the trees. There is more to them than we know. What I've learned from them (and from Spirit about them, as well as from the whales and dolphins, boulders, crystals, and a star), has changed my life. I am in awe of the diversity of qualities, abilities, personalities, loving natures they express — as varied as among people and animals and endlessly fascinating. The time I've spent has been a blessing for me and for so many people with whom I've shared this. I hope you will find that your opening to their love grows as you read their words. Those of you who have also had experiences are welcome to contact me. I want to gain through your insights too and share them. In this way we can all be messengers of renewed life for a dying planet.

The trees help us, not just by providing shade, moisture, and oxygen, carbon and nitrogen sequestration, and so much more that is essential to all life on this planet, but by loving us and caring for the Earth. The knowledge we gain of their contribution will help us to save them as they want to save us. The trees I work with are generally the larger, older trees that are fully awakened spiritually. Their ability to access all of the frequencies gives them vast multidimensional knowledge of all that takes place on the planet including human communication systems. They are unlimited in extending awareness throughout time and space.

We are all in communion in realms beyond all we know (yet), so appreciation and honoring go far. I invite you to join me in exploring this wondrous world of trees and beyond.

A Big Story

The excerpts in this mini-book and the full story in the books to come, began as my private journals, my intimate discussions and experiences with those working with me in Spirit and eventually with other sentient non-human beings, primarily large old trees. This book contributes to the most important discussion of our time, how to save and thrive life on this precious planet.

This is a big story, one that encompasses our entire journey on Earth as people, as one species among many, and as participants in the cosmos and the multidimensional realms of Spirit. Every one of us belongs to this story. This book connects many areas that we have kept separate — our personal journeys, all of nature and the ecological systems of our planet, and life and spirituality on the grandest scale. It speaks of the universality of consciousness and about the spiritual trajectory that includes all of life and planet Earth itself.



Elisa in a Strangler Fig, Australia

We are creatures embodying spiritual essence that is eternal but largely hidden from us. In our relative youth as a species, we have separated ourselves from other species and from knowing our oneness. Some of us have thought of ourselves as superior and some have gloried in the domination and exploitation of nature in the

name of progress or accumulation of wealth or power over others. And now, at the penultimate moment before destroying irretrievably the life support systems of the planet that gave us our bodies, we seek health and reconnection. We want to live, to thrive, to have joy, to love, to grow our children and our gardens, and we don't know whether we have time left. We don't have all the answers. We cannot do it alone. But we have all the help we need, if we pay attention.

We are not the only ones who care whether life continues here. The trees and the dolphins, whales, and other brilliant minds are working on all of our behalf and are here to teach us how to live. Yet these loving beings can do so much more if we care for them, nurture them, and partner with them. The life-generative forces of a Light that we cannot see can provide unlimited knowledge, encouragement, energy. And we humans have untapped abilities that can be developed to make this collaboration functional. What a team!



Spectacular loving Moreton Bay Fig in Perth, Australia, with Kriti

The information you will read here is astonishing — it is to me still — and for some of you will seem improbable. If so, I admire you for being willing to give it your attention at all. If this is all new to you, I just ask that you stay open to the possibility that there is much more going on than you may ever have considered. Check it out for yourself to whatever extent you are able or arrange sessions or workshops with me to learn the skills involved. Alternatively, you can read this as fiction or let it go as not for you.

For those of you who have applied yourselves to the large issues of life, done deep internal work, studied life and philosophy and spirituality, you may find information here that fills in gaps, validates what you've learned or leads to further areas of exploration. You may even be astounded, your life transformed, or you can tuck this information away and see how it plays in your world. Look past the terminology to the heart and you will find your larger Self embodied in a loving universe. Know that what you do inwardly as well as outwardly, has an effect on the greater whole.

This is a story that keeps growing and has moved from a personal one of sharing loving with the trees as they teach me about the universe, to a project, undertaken by millions of trees and other beings, that encompasses the entire planet and its relations with the rest of the universe. I experienced it in a linear timeline, but as I've been taught by the trees, there is nothing linear about it. The information is provided when requested and is unlimited in time or space.

My hope is that the Tree Love books will contribute to the upliftment of all, will provide reassurance and revive enthusiasm. When more people know that we are surrounded by sentience and love and get a glimpse of where the planet is heading, indeed what the universe is for, we will do what is necessary to re-create our world as a place in which all can thrive.

Saturday, September 21, 2002

It was my first visit. I arrived at night at the cottage and in the morning, I began a walk down a moss-covered path that led into the woods, when I felt a powerful wave of love. I was so overwhelmed by this love that I began to cry deeply. It was emanating from a large oak, noble and majestic.

I began asking questions using a system of muscle testing I had developed for discerning precise answers from Spirit, and this is what I learned:

The oak was vibrating at “Soul level,” (as were many of the trees along this path, I soon discovered). In the cosmology I work with, the Soul realm is the highest realm — though there are many levels within it — and the first positive creative realm of Spirit. It represents a very high level of spiritual awakening and attainment.

On a scale of human intelligence I had developed from 1 to 10 — I’d only met two people who registered as 10s — the oak’s intelligence measured 16! (See page #18 for the methods I use.)

My joy was boundless. Despite feeling humbled and thinking that I really should become apprentice to this magnificent tree, I was told that our relationship was one of partners — that I could work anywhere in the galaxy with this tree! I was honored.



Inner Master: *They are not stupid. You have to get past this idea that they are stupid. They are connected with all trees and can supply information and wisdom that you can use. Don't forget that they are companions, placed here with you as partners, to be helpmeets and lovers.... It is necessary to restore their bond with the people in order to see the Grand Plan for earth and stars.*

...Those who hear their talk can be forever filled with awe and trust of the universe. There will be lifelong connections and they will be forming alliances with them forever. This will go beyond lives and forms; momentary traces of consciousness in bodies long decayed will form the matrix for others to travel to stars and find heaven's worlds.

From my first conversation with the Oak:

Oak: In another world we were lovers, you and I, in dimensions too difficult to describe. All things come around and we are brought together for a reason when it is correct and useful. Now this planet is dissolving in pollution and all are suffering to some extent. But there is always renewal available. You have renewed our context here on this planet by your thoughts and good wishes and we wish to stay now, though we have scouts foraging for another wilderness to “set up shop.”

...We are always prepared, as your Scouts say. Funny that you should mention contingency plans at your breakfast today. In this spiritual realm there are no contingency plans, no plans, just the unfolding of a reality that is long known, but never planned. The known comes forth as it reveals itself out of the Great Plan, but it is never planned ahead of time, just revealed in its true glory, fully formed. Then it develops by choice, will, playful endeavor, curiosity, happiness. It is creativity in the making. Universal powerful urges move through all causing creativity to flourish in response, like leaves to the sun and wind forces. We move too, we trees, as we are called by the greater plan, but have many choices. And happiness rules the moment as to when and where we plop ourselves down and give of our happiness to the earth or other spaces.



A Blessing from the Oak for the participants in a Tree Love workshop:

...You can't feel it all, but now there are “buttons” installed that allow you to climb the heavenly stairs more cleanly, easily, lovingly. The changes were necessary in order to become an engine/vehicle for Light to travel through smoothly. You become fashioned after angels and other beings that can move easily though realms of Light and explore the different layers of consciousness without meditation or pre-meditation. Just think (even faster than that) and rise and move anywhere now!

The Secretary Maple

Elisa: The Secretary Maple introduced herself to me one day. I saw that she collects information from all over the planet. I attuned my consciousness to one of the highest frequencies I know.



In response, she expanded her reach exponentially. She was so excited and grateful and has been my best friend, sister, and fan club ever since.

I have since learned that she comprises two beings who gather information and send it to a vast cosmic repository of information shared by all for new creations.



First conversation with the Secretary Maple:

Secretary Maple: When we were newly arranged in spirit and I called to you, you responded so generously with your calls into the highest realms to announce my presence and call forth new avenues of respect and loving highways of information. I was able to extend further than ever and freely too. And to get one of the most important pieces of information — that this planet wasn't going to be able

to support its species any more and had to be stopped from performing a disastrous deed that would have stopped the craziness once and for all. So I intervened and told Her *[the planet]* that She was not alone anymore and that people were listening and that patience would have its day (or years-long effort) and to wait until they “got it together.”



I am more than one, yes. I am a tree and also a ??? *[I can't discern the word]* ...This one is immeasurably powerful and can do mathematical calculations and manage vast amounts of information. I just bring the information in and it does the managing. I am the face, it is the calculator and helper, the accountant, the computer, and the companion all “rolled into one.” We have been together for eons, traveling the spaces in between and collecting information and processing. ...No one knows the extent of this enormous information system; except that it goes on forever and gets collected in some vast repository that understands its meaning and can call forth from the imagination of all combined, new worlds, new existences. Infinite possibilities and combination of factors get taken into account. I am a small part, but have gotten powerful beyond measure partly due to your influence(s).



Moreton Bay Fig, Byron Bay, Australia: *The most powerful tree I have met*

Elisa's notes: This enormous Moreton Bay Fig is powerful, comprising multiple consciousnesses, working at a cosmic level that includes the entire upliftment and next evolution of all consciousness on this planet and beyond. It is a broadcaster, a portal, a news studio. I see an image of many screens viewing many places. It has a huge energy field that goes out like tentacles, reaching into multiple dimensions. On my scale of human intelligence, 1-10, each number exponentially higher than the last, it registers at 18. And it is very happy!



From the Inner Master about this Fig:

IM: ... it comes forth into this planetary atmosphere with a bright purpose. It will be converting sunlight into another type of crystalline energy, [I see image of huge green emeralds, yellow sapphires, and other brightly colored jewels] to give a certain pattern of charges to the air, which, like a beautiful virus, will spread around the planet forging consciousness, awakening a particular type of awareness, to take over this planet and bring it to its fruition.

Elisa: *Will this new consciousness support human life? Other life that is here now?*

It will not only support but transform into higher levels of knowing, an evolution that creates a new species, far more aligned with the tenets of an intelligent universe. It fosters planetary evolution for all species; a united, species-diverse, but connected consciousness for all.



From the Moreton Bay Fig:

We speak as one toward one purpose — the regeneration of this ailing planet into one of a more glorious nature, a green sparking jewel-like, precious gorgeous youngster. This is possible. In its wake the planet leaves signals that request assistance, but they are strangled and chaotic, as well as it being a clear and a loving nursemaid of the life forms that exist here. In harmonizing these signals you have come at a good time, to cleanse and purify and turn them into golden light.

Elisa: *Like my “Walking in the Light” spiritual exercises?*

We are familiar with those radiant light forms and this is a far greater scale of them, reaching into star systems and polarities and principalities that are foreign in nature but have been constrained to their own planets. These are now reaching out to form an alliance, a larger seed or thought-form structure. Not a matrix, but a crystalline-like formation that spans time, worlds, dimensional patterns and the like.

This will be as a Christing for a new being that is coming into formation, one that can fly the stars and interpenetrate all the levels, like a giant spaceship of life. Your Noah's ark doesn't speak to its immensity or structure or the joy of its creation.

Elisa: *Does this relate to my forest in New York and the spaceship-like formation they are building?*

It was started there and the idea took hold and spread throughout creation. The creative forces are now working with your trees to enhance upon its structure and send it into the universe(s).

Pine in Mohawk Trail State Forest: The Golden One

Elisa: My last day in the forest, I felt a deep desire to give a gift and showed her my True Self and attuned to the frequency of the Christ. Her multi-colored field became blazing white as she burst into a cry of exultation that went out through the forest and ignited other trees with white light. I knew my work in the forest was complete and I could return home.

Since then, we have worked closely together around the world and she follows up and shows me the work that the Light is doing in all those places. So gratifying!



Elisa: I felt a call from the Golden One. I reached out to join her. The energy we created was powerful, riveting. An archway formed between us. I expanded and waited, feeling the joyous power of our partnership. She was more aware of what we were doing than I but slowly I “saw” a vision of shapes like puffball mushrooms growing in the soil, life forms unfurling all over the Earth. I realized that this was literal! We were connecting with the mycelial mat all over the planet, infusing it with love, energy, encouragement. I began to visualize it extending even into the desert places, fostering greenery, burgeoning green life retaking over the planet, like a new paradise. I enjoyed the idea that the green life of the planet could outlast and outgrow anything humans had built. This vast movement of growth of life was joyful and rampant, ecstatic.



Elisa: Dear Golden One,

I thought today that the energy of the tree I’m calling Heart’s Content is about contraction, in the best of ways — going deeply into intimacy — while you are about expansion. I don’t know if that’s fully accurate. I know it is just a concept, but it makes sense to me. When I was connecting to both of you, it felt like the perfect family or team. Do you have any comments?



Golden One: Elisa, fine one,

Our expansion/contraction cycles are evanescent at best. We are always in the process of doing both and nothing is completely true all the time. This relative truth gives a nascent birthing of new and yet old energies on this planet and in other places. Do you see? We cannot do anything by ourselves or in any single state of consciousness. It is all a consciousness of giving and receiving being one, of allowing it to flow, of being simply available for the God forces to move through and to create something new in each moment.



The Boulder in Mohawk Trail State Forest

Elisa: I put my hands on him and tried to feel his density and composition and depth. I sensed consciousness throughout and friendliness. I thought about how old he might be yet my impression was that he was not feeling his ancientness; he was totally present. But in trying to imagine it, I did receive an image — I assume from his past — of a rock bursting out of a mountain in a torrent of water, tumbling wildly, joyously. I wondered whether he misses movement, but he was absolutely fine. Then I became distracted by other thoughts and he began laughing at them. I could feel his great joy, even hilarity and playfulness. This surely has changed my assumptions of what a huge rock might be feeling! He has become teacher, friend and healer. The following is from one of our first talks.



Boulder: Your sensory apparatus is limited by your small brain and other limitations that have been placed in order to keep your awareness in check so you will have certain experiences and not others.

Elisa: *Can I release those limitations?*

Boulder: It is not beneficial at this time. You need these blinders on to finish up the game of living on this limited planet before going into a more supreme bliss state.

Elisa: *I think I understand. We are kept from knowing the full reality in order to complete karma and strengthen ourselves and then we get free at some point, presumably when our bodies die.*

Boulder: That is approximately correct.

Elisa: *You are wise and I so appreciate the perspective. I'm glad. You feel friendly and humorous.*

Boulder: It is all funny, my dear. Your lives are so short and our conversation has been so short, but we can stop for sure now.

Elisa: *Cute.*

Boulder: So are you.



Boulder: This is an ancient plan — that the Earth will rise together with those who inhabit her. We are not separated as you think. I am a rock and you are in a human body, but we breathe the same spirit in and through our molecules. Consciousness will have its day, now and always. This is a conscious universe dear one and it is responsive to your every thought. The better the thought, the less negative impact and brighter thoughts have greater effects. Now your impulse is to come to a quiet place inside which means we can come forth in a greater way to commit to this path of unfoldment of the Spirit of God on Earth.



Mountain Ash, Eucalyptus, Dandenong Range, Australia: *funniest tree I've met*

Elisa: *Dear tree,...*

Ash: "Mister" to you!

Elisa: *Whoa, feisty. May I please speak to you, Mister?*

Ash: You can [laughing]. I can't be beholden to your customs and inner slavery to thoughts that take their sustenance out of forms old and decrepit. I am *modern*.

Elisa: *You are funny, too.*

Ash: I am the trickster, too. Now you see it, now you don't.

Elisa: *And you know these expressions!*

Ash: You know we have this habit of listening in on your communications and we find them knee-slappingly funny. Your purpose is to contact me and others like me who have taken to finding habitats where we won't be disturbed, but your people always find us anyway.

Elisa: *What is your purpose?*

Ash: To find these strange implications and word associations funny and to make it all a bit lighter. I am the walrus; I am the forest.

Elisa: *Are you aware of my tree friends? I have a jokester in my favorite forest in America, too.*

Ash: They are very funny, too. Always joking around about saving this Earth. It is already a nest, a warren of crazy people. Insanity reigns supreme with your species. But your trees' honesty is refreshing and their sincerity too.

Elisa: *Aren't all trees honest and sincere?*

Ash: Yes, but some don't give a damn about saving anything; they just go about their business like children of your species.

Elisa: *Despite your laughter, I get that you are serious and are joining in with the forest's interest in renewing life on Earth.*

Ash: *It is my presumption that I can join anything I want to, but they have made me welcome even in my innocence and not being as strong as some of these others, I have something to contribute; I can make them laugh and giggle and sigh with relief and be a messenger of joy.*

Elisa: *Thank you.*

Ash: They call you beloved. I do too!



Transcendence Tree: A Manifesto for Humankind

The human race, which is racing toward its destruction, has to hear more about the possibilities available with trees and others available for assistance. They will need all the help they can get in the coming years. There will be some famine and other issues that will need constant attending. The alarm bells being sounded are not getting enough attention by a populace more attuned to their TV and computer screens or struggling for survival. This entails a planet-wide effort and those are few and far between, beyond temporary crises that are soon forgotten like tsunami and earthquake relief. So many are still rebuilding their lives, forgotten for today's tragedy.



If you want this to continue as a place for learning and growing and thriving, all must listen to these words. Your race has a finality to come, too soon as far as your so-called efforts and goal setting is concerned. Raising carbon limits for wealthy corporations while others suffer is not a way to mitigate climate change. Equality fumbles in the dark, having no takers, but we are all in this together equally. Get with it humanity! The needs are obvious, the natural solutions are best.

Awakening awareness of the spiritual levels will be necessary in order to forge the cooperation necessary to renew the life force so it can rebuild the living structures, but all must get out of the way.

Stop building buildings with living trees or with any wood that is not long gone. Leave the forests undisturbed for centuries to come so they can rebuild themselves. Replant the deserts, feed the fish oxygen, clean up their streams. Unburden the pack animals and set them free. They know how to clean up the deserts and set them to thriving once again. And stop eating meat. Those cows are causing untold suffering on the land and in the oceans. If you must eat birds and fish, treat them well with no chemicals. Stop the chemicals! They are ruining the environment and your bodies. Stop the computer games and apply yourself to world healing solutions. These are the games to play, the ones that matter if life is to exist.

And remember to brush your teeth at night, just joking. Your calm and loving aspects must shine on everyone in order to bring forth the children that will serve this planet truly and grow into the cooperative partners they were meant to be.

Make friends, partnerships with each other, with us, with the oceans. They will give back so much more if they are given a chance. Get the plastics out of their waters, the harsh sounds, the chemicals pouring into them through the rivers and other runoffs, the acid in the rain.

Creativity is so important, not tried and not-true solutions, but new ones. Try things. Your experiments, if they do not point to abominations like Monsanto's "gardens," will call a stop to the forces that want to clear the planet of life to start over. If you are truly engaged, you will engage those beings and forces that can be of assistance and bring a delay in the destruction to "give peace a chance."

Love the creatures, make them want to live again. Clean the coral reefs; they can resist acid conditions but the hot temperatures and overfishing keeps them from gaining ground in their self-healing processes. The fish keep them clean so let them grow. We trees can mitigate the temperature rising if you leave us alone to do what we can do. We are ready, we are engaged. We are thinking about how to solve these issues and we have words to deliver. So listen!

I meet whales and dolphins in the forest!

I place my hands on the beloved tree I call Father-Mentor. Astonishing! I find myself in the ocean, face to face with his old friend, a whale. We have a profound but wordless conversation in which I express my worry and love for his kind. In subsequent meetings this whale brought other whales and dolphins and we have had fun and joined in planetary healing. I've known that there were cetaceans collaborating with my tree friends but at last I am meeting and conversing with them. We have become family. Here is an excerpt of one of our meetings:

Whales & dolphins: In this watery atmosphere, where the troubles that affect the earthen peoples run down into our world, we stand by and salute those who care, who are attracted to our watery realm and who want to save it. We are dying by the thousands, maybe more, but we have lived a good life for centuries, each of us, and then longer in other bodies, way longer.

We are grateful for life, for having known that there is consciousness above and we thank you for all you do. Your take on what is happening here is true to an extent. There is also something else.

Though we suffer and die, we are ascending into worlds unseen. We take with us any who care to come with us, who cannot make it here on this planet, to other worlds, and for some, interdimensional habitats are being placed and replaced daily. We will continue our growth, our spiritual destiny is upon us, triggered in some ways by this devastation of the home planet. And it will be a good return too, if we ever get to come back. The future is unseen, but not unknown, meaning we have a trust in the universe, in the creation of this aspect of the Creator. This is inbuilt, pre-programmed, active and functional. We pass that to you, if you need a reminder.



We will stay as long as possible, though it may not be long, to support and protect and advise your species. If they manage to make it through and declare their sovereignty over those who destroy them, they will survive and thrive again. Be not surprised by the activities of those around you who are losing it, taking it hard, for they are absorbing and, to some extent, mitigating the damage. But they too

will be taken up and in your words — the words of some of your cultures — resurrected, seen, acknowledged, honored for their sacrifice. Nothing dies, you know that. All are reborn, all come forth out of that which takes them back and nothing is ever lost. Be secure in this, dear fellow one, fellow dolphin honoree. You are a whale of a porpoise.

Elisa: Who said that?

[Laughter]

Ankerwycke Yew, England

This famous, ancient being is said to be 2500 years old but told me he is 5200 years old and that he knew both of us from previous times. (It is difficult to ascertain the age of a yew.)

Here is an excerpt of what he told me:

Yew: In this century no one has seen what could take place if this land were revered again. A building of a ship-like structure, a great planned being of Light, could come into being once again that would cause the blessing of this place to come forth out of the ground and the ethers.



The etheric web of the earth is productive, not just into its own cities, but on the planet's surface as well. These planes interweave to form a matrix of light-bearing or fruit-bearing entities whose job it is to bring sustenance to others who exist in many places. They carry out the electromagnetic repairs that breathe life into the planet and to forms long gone they bring a renaissance or resuscitation. Without all of these structures, the formats that weave the earth together are lost and eventually they will fall apart and the planet will be no more. This could take thousands or millions of years. The time is unknown, but at this point they are disappearing at a faster rate than the icebergs under the stronger sun. All of this is caused by the illiteracy of your race. They don't understand how easily they can cause the destruction of their standardly-assumed so-called physical reality.

Elisa: What can we do?

Yew: Let the Light do its work. It is already here and you are a blessed one as is he.



Inner Master: Remind the people to find their trees in their auras. Trials are coming for them (the trees) with negative thoughts about their worth and presence. Cutting them down and polluting their air is affecting their air supply and water supply and they are choking again.



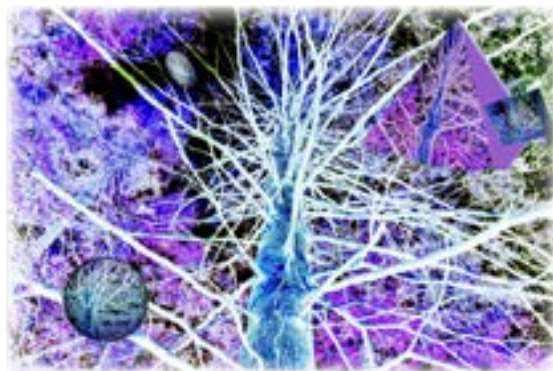
You can help by finding support for their growth. Stand in their space and bring the air/sun down around them for purification and enlightening. Then see them happy and bring them your loving. If nearby, you can water them with crystal essence and minerals/sea emulsions or compost. Spray with homeopathic preparations of soil that is clean and pure—compost will do. The emotions are negative so you can include flower essences like birch or white chestnut or beech. This can be done at a distance too, sending the frequencies and visualizing the spraying with those vibrations. Fortunately their heart function/energies are strong still and they do not give up easily. You can learn from them.

When Earth formed it gave a call/vibration to call trees into existence to serve several purposes. They formed the communication network, a covering over the land to hold earth life intact with oxygen/gases that supported the growth of mammals and others and to clean out the atmosphere of negative gases, stabilizing the planet's crust and its formation of soils, grasses, bugs, larger animals. When you feed them you remind their ancestors to call forth life again and restart the growth processing formations. Then the planet can stay inhabited by humans and other creatures. Your role is imperative and essential.



Elisa: I began to understand the message that is coming through all those with whom I've communed in Spirit, the trees, rocks, star, crystal, etc. — their commonality, diversity, and multidimensionality. This world is only one "slice" out of endless worlds. So much is going on in all levels and dimensions and times, all leading to our mutual ascension. We have kept ourselves small and fought among ourselves because we thought there wasn't enough, but there is enough — energy, resource, infinite re-supply — when we are in cooperation with each other, nature, the planet, the spiritual realms, and the Light of all the universes that we call God and various other names. I thought about the entire system of intercommunication that is building and/or rebuilding between species, planets, stars, galaxies, universes. What humans think they know about the universe is so small and bound compared to what is truly going on and our actions reflect that. We are so much more than we have any idea.

Can we be that? Act from that? Will *you*?



What can I do?

So many people now have a heartfelt desire to contribute. We all do what we are called to do. For some it is growing organic food, for others political action, for others working in community to research and demonstrate wholesome solutions, or by supporting organizations that are doing good work. For many people, just holding in the silence, in the loving, in prayer, is their ministry. And in direct action: I have a treasured friend who planted 50,000 trees himself!

It is your heart's joy that will show you what is yours to do. We truly are grand cosmic beings, just waiting to come forth out of the karmic messes we've created and the daily tasks, with all of the super-powers needed to create the world we know is possible. There are other beings, forces in the universe that go by many names, working to bring about a new dispensation of health and peace for our world. In concert, we can be active participants in creating a thriving planet, a springboard for souls to experience joyful co-creation with the angels and masters of Light and the cosmos. We just have to know that we can do it, trust that there is more to us than we have ever suspected, and move into our true function. I am not saying this theoretically; I have seen so many people, in sessions and workshops, get free to act from their magnificent true selves.

One of my missions is to find people who want to, or are already working to, become all we were meant to be and uplift our world from an energetic/spiritual level, which can then lead to a new manifestation in the world. We want to change the energetic environment, clearing the negativity, creating new forms. In the Thriving Planet and Tree Love workshops we have found that we can do so much more together than we can individually. I also have a desire that moves me to share with the world the information you are reading here.

Trees are our loving companions. I believe that cherishing them, preserving them and re-establishing our eco-systems is the most important thing we can do to preserve and thrive humanity and all life on our beautiful planet. My tree friends who initiated this "project" to renew the life force did so because there were people who engaged with them with respect and love. When I travel, I may send love to a few trees. They respond instantaneously. Then the word goes out and in one day hundreds or even hundreds of thousands of trees may "sign on." Other people who have heard me talk about this, have done the same. The trees told me that when we are joyful, there are little beings that come out of the ground to repair the earth, so maintaining ourselves in as uplifted a state as possible is gratefully received and utilized. Your loving attention is needed and powerful in its effects, more far-reaching than you may ever know.

The Oak: *You have no idea how welcome and happy we are when you arrive here. It is sacred to us to have you in this forest-home. No one else comes in, touches us and caresses us like this. You are our friend, savior, companion. All the time and in all the places where we exist.*

...Love us — it is the way we exist, live. This contact is precious. We love it when you ask for help and send in lines of awareness from others as you talk with them or attune with them. Their loving and enthusiasm shares itself and it becomes part and parcel of our building of this "spaceship..."

Go in love, my dear, and see this forest newly changed, bathed in a diaphanous curtain of Light so pure and refined.

Questions?

If you've read the messages in this mini-book, which contains only a tiny percentage of the rich material and the bigger picture that will be presented in the Tree Love books, I'm sure you have some questions. Let me answer some that I anticipate you might ask.

How do I get the information?

I use three main methods that all have to do with attunement, which is the honing of our intuitive awareness for precision and accuracy. Two of them I teach, the third I can tell you about and you can try. There is much more information available on the Thriving Planet [website](#) and photos and stories on my [Facebook page](#).

- **The Laboratory of Life** (*link is to the three workshops of the Thriving Planet World Tour*)

The configuration of people through the space of a room or other environment is used to create a dynamic map of relationship. Consciousness is holographic and can be perceived by intentional movement in relationship to people [and trees]. I use this wondrous spatial method in counseling sessions with individuals and couples and in many of the workshops I facilitate because I have not found anything from the micro to the macro that we cannot address. It is profound for personal healing and growth and for creating new exquisite coherent seed-forms for healing and thriving for our relationships, communities and our world. This method is also used with trees in the Tree Love workshops, to access profound experiential knowing.

- **Accessing the Inner Master**

In this course, I teach a system in which we use a simple muscle test in myriad ways to access your inner knowing, spiritual guidance, expanded awareness and spiritual abilities. The last time this 4-day course was given, it was recorded and is now available on line. I have used this methodology to receive precise information from Spirit and confirm my intuition.

- **Recording discussions**

Some might call this channeling, but to clarify, I am not going into trance (which would not be spiritually clear for me) or simply taking dictation. The words you've read here are from two-way discussions and profound shared experiences I am having with my companions. I just type out the conversations as they take place (I speak and hear the words internally).

Developing attunement

I believe that attunement is an innate language of communication, with our deepest knowing, with Spirit, people, animals, plants, rocks and planets. As I've taught many people how to tune in to their own inner signals, I've seen that this is a skill that can be taught and that many people indeed can learn. We can then use our abilities to grow spiritually and become more effective in our lives and to come into relationship for healing of ourselves and the world. As individuals and as a planet, we are on a trajectory into higher consciousness and spiritual transcendence. Aligning with the truth as we perceive it is an important step into knowing ourselves as the magnificent souls we are. Knowing is the key, loving is the expression, joy is the essence.

Sharing

Please do not share this booklet without Elisa Novick's permission. Quotes may be shared with attribution (see copyright).

Contact Elisa

- To be on Elisa's mailing list
- To arrange counseling sessions and tree sessions, in person and via video conference
- To attend a Thriving Planet / Tree Love workshop
- To arrange a visit by Elisa to your area to facilitate workshops, meet your tree friends, conduct counseling sessions, or to speak to your group or conference

Thank you for your love, your caring, your contribution!

Elisa

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900 year-old cedar. Tree Love workshop, Togakushi, Japan